



Mahayana Vision and the Dawn of Tantra: A Journey Into the Mirror

Weekend retreat with Andy Karr

22.3.2024 – 24.3.2024

[Register here](#)

Venue

Online & in person at Dharma Mati Berlin

Pricing

In person (incl. dinner on Fri, lunch Sat & Sun)

Standard: **135 €**

Reduced: **120 € *** (Rigpa members, pensioners, unemployed, students, low-income earners, people with disabilities)

Online

Standard: **100 €**

Reduced: **85 € ***

* Money should never be an obstacle to attend dharma programs. If the reduced fee is not doable for you, just send an e-mail to event@rigpa.de and we will find a solution together.

Schedule

Fr | 22.3.2024 | 19:00 – 20:30

Sa | 23.3.2024 | 10:00 – 17:00

So | 24.3.2024 | 10:00 – 17:00

Contact

Holger Sieler

030.23 25 50 10

Mo-Fr 12:00-16:00

event@rigpa.de

The Mahayana view and its connection to Vajrayana

The practice of Vajrayana is based firmly on the insights of the Mahayana, and especially on the insights of Yogacara. It is safe to say that the more you understand the Mahayana, the deeper your Vajrayana practice will be. When Vajrayana practice is not perfumed with the scent of shunyata, deity practice becomes an ordinary theistic ritual; Mahamudra and Dzogchen become just spacing out.

In this weekend program we will explore the way the two aspects of shunyata - emptiness and luminosity - are experienced by plumbing the depths of the Middle Way and Yogacara teachings, and the way the unique Mahayana perspective translates into the profound practices of the Vajrayana.

ABOUT ANDY KARR

Andy Karr is a long-time Buddhist student, teacher and author. His most recent book is *Into the Mirror: A Buddhist Journey through Mind, Matter, and the Nature of Reality*.

[Register here](#)