

# RETREAT WITH H.E. MINDROLLING JETSÜN KHANDRO RINPOCHE

# Teachings on "Profound Instruction on Shamatha" by Mipham Rinpoche

Retreat

# 26. - 30.6.2025

#### Schedule (provisional)

26.6.2025: 10.00 am - 09.00 pm 27.6.2025 : 10.00 am - 09.00 pm 28.6.2025: 09.00 am - 06.00 pm 29.6.2025: 09.00 am - 06.00 pm 30.6.2025: 09.00 am - 01.00 pm

#### **REGISTER HERE**

**Participants** Open for all

**Venue** On site at Dharma Mati, Soorstr. 85, 14050 Berlin

An overview of accommodation options will soon be available on the website.

#### Costs

The prices include a daily lunch and dinner in the Lotus Lounge (mainly organic and regional). First lunch on 26. and last lunch on 30.6.2025

Standard: 360€ Sponsor: 495€ Reduced: 270\*€ (\*pensioners, unemployed, students, low-income earners, people with disabilities) Young adults (18-21 years): 108€

For children and teens up to 18 years: free of charge

#### Early Bird (payment until April 20<sup>th</sup>): 270€

\* Money should never be a barrier to participating in Dharma programs. If the discounted price is not feasible for you, email us at event@rigpa.de and we will find a solution together

#### Contact

Holger Sieler 030.23 25 50 10 Mo-Fr 12:00-16:00 <u>event@rigpa.de</u>

#### **ABOUT THE EVENT**

+++The event will be held in English, a translation into German will be provided. More information will follow shortly. Times are not finally confirmed.+++

In May 2023, H.E. Mindrolling Jetsün Khandro Rinpoche started teaching on the text "Profound Instruction on Shamata" (<u>Profound Śamatha Instruction | Lotsawa House</u>) by Mipham Rinpoche. She continued this teaching in 2024 and will continue it in 2025.

The retreat will also include sessions with Rigpa Senior Teachers Ian Ives and Kirsten Czeczor.

H.E. Mindrolling Jetsün Khandro Rinpoche is one of the outstanding Dharma teachers of our time. She holds both the Nyingma and Kagyu lineages and is known for her penetrating wisdom and humor.

It is her express wish that all participants who were not present in 2023 and 2024 listen to and study the teachings in advance in order to get a good connection to the continuing cycle. There are two catch-up options for the teachings from the last two years:

### **Option 1**

A summary of the teachings and further/alternative catch-up options are offered in the sessions with Ian and Kirsten as part of the event, which take place during the day on June 26 and 27 (JKR teaches in the evening on these two days). These sessions are included in the retreat price.

## **Option 2**

The teachings from 2023 and 2024 are available at the following links for self-study in advance. The links will be provided once you have registered.

Note: The teachings will be made available on Prajna for a contribution of 30 euros (for 2023) and 50 euros (for 2024) and can be viewed until June 26, 2025.

## ABOUT I.E. MINDROLLING JETSÜN KHANDRO RINPOCHE

H.E. Mindrolling Jetsün Khandro Rinpoche is one of the outstanding Dharma teachers of our time. She holds both the Nyingma and Kagyu lineages and is known for her penetrating wisdom and humor. She conveys the Buddhist teachings in a concise and lively manner, enriched with personal anecdotes and examples from everyday life.



#### Venue

The Dharma Mati in Berlin-Charlottenburg is highly appreciated by many visitors as a place of silence in the city. At the same time, the Dharma Mati offers an extensive program of events around the topics of meditation, compassion, healing, death and dying, as well as Buddhist philosophy and culture.